

PMEX UPDATE

SELL	
	CRUDE10-AU25
65.74	-4.04%
Expiry	21/Jul/25
Remaining	27 Days
Entry	68.56 - 68.28
Stoploss	69.03
Take Profit	67.67 - 67.22

SELL	
	NGAS1K-JY25
3.6440	-1.60%
Expiry	25/Jun/25
Remaining	1 Days
Entry	3.597 - 3.583
Stoploss	3.65
Take Profit	3.535 - 3.517

SELL	
	GO10Z-AU25
3,329.10	-1.94%
Expiry	29/Jul/25
Remaining	35 Days
Entry	3333 - 3330
Stoploss	3348.07
Take Profit	3315 - 3310

SELL	
	SL10-JY25
36.07	-0.34%
Expiry	26/Jun/25
Remaining	2 Days
Entry	36.008 - 35.966
Stoploss	36.23
Take Profit	35.825 - 35.699

BUY	
	PLATINUM5-JY25
1,297.05	1.02%
Expiry	25/Jun/25
Remaining	1 Days
Entry	1284 - 1286
Stoploss	1276.68
Take Profit	1292 - 1297

BUY	
	COPPER-JY25
4.9090	1.23%
Expiry	26/Jun/25
Remaining	2 Days
Entry	4.8543 - 4.8629
Stoploss	4.82
Take Profit	4.8862 - 4.9157

SELL	
	ICOTTON-DE25
68.18	1.14%
Expiry	19/Nov/25
Remaining	148 Days
Entry	67.85 - 67.78
Stoploss	68.03
Take Profit	67.4 - 67.11

BUY	
	DJ-SE24
43,186	0.66%
Expiry	18/Sep/25
Remaining	86 Days
Entry	42840 - 42909
Stoploss	42696.24
Take Profit	43033 - 43123

BUY	
	SP500-SE24
6,126	0.81%
Expiry	18/Sep/25
Remaining	86 Days
Entry	6073 - 6078
Stoploss	6050.52
Take Profit	6093 - 6099

BUY	
	NSDQ100-SE24
22,312	1.08%
Expiry	18/Sep/25
Remaining	86 Days
Entry	22092 - 22118
Stoploss	21986.11
Take Profit	22173 - 22203

SELL	
	GOLDUSDJPY-JY25
144.95	-0.82%
Expiry	26/Jun/25
Remaining	2 Days
Entry	145.23 - 145.19
Stoploss	145.56
Take Profit	144.85 - 144.68

BUY	
	GOLDEURUSD-JY25
1.1607	0.25%
Expiry	26/Jun/25
Remaining	2 Days
Entry	1.1622 - 1.1626
Stoploss	1.160
Take Profit	1.1646 - 1.1662

Major Headlines

Morning Bid: Oil, rates and the dollar tumble U.S. stock futures rise on Israel-Iran ceasefire optimism EUR/USD remains steady near highs with the Middle East cease

After a tentative ceasefire was announced in the Middle East, U.S. crude, gold, Treasury yields and the dollar gave up all gains registered since Israel's initial attack on Iran on June 13. Throughout this episode, energy market worries never amounted to a true 'shock' as movements of oil were largely unaffected. And given the large global supply overhang and slowing world demand, annual U.S. oil price gains never turned positive at any point over the past 12 days [see more...](#)

Gold Retreats as Israel-Iran Ceasefire Calms Geopolitical Fear
Gold prices (XAU/USD) fell towards \$3,350 on Tuesday, pressured by easing geopolitical tensions in the Middle East. The precious metal, typically seen as a safe-haven asset during geopolitical uncertainty, lost some appeal following the announcement of a ceasefire between Israel and Iran. The resolution significantly reduced immediate risk premiums priced into the market, prompting investors to return to riskier assets. [see more...](#)

U.S. stock futures rose Tuesday, with sentiment boosted by President Donald Trump's announcement of a ceasefire in hostilities between Israel and Iran. By 06:33 ET (10:33 GMT), the Dow Jones Futures traded 294 points, or 0.7%, higher, S&P 500 Futures gained 49 points, or 0.8%, and Nasdaq 100 Futures advanced 225 points, or 1.0%. The main averages on Wall Street ended the prior session in the green, all registering gains of around 1%, boosted by hopes [see more...](#)

USD/JPY plunges to near 145.00 as US Dollar underperforms
The USD/JPY pair faces a sharp sell-off and slides to near 145.00 on Tuesday. The pair dives significantly as the US Dollar (USD) underperforms its peers after a ceasefire between Israel and Iran. Easing geopolitical tensions diminish demand for safe-haven assets, such as the US Dollar. During European trading hours, the US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, slumps to near 98.00.in [see more...](#)

The EUR/USD pair ticked down below 1.1600 on Tuesday's European session but remains at levels well above Monday's lows despite Israel's accusations that Iran violated the ceasefire. The pair had jumped about 1.30% from the previous day's lows after Trump announced a "complete and total ceasefire" in the Middle East conflict. Israel accused Iran of launching missiles into their territory in violation of the ceasefire and threatened a strong response [see more...](#)

Powell Speech Preview: Chair to offer Fed's stance on inflation
Jerome Powell, Chairman of the United States (US) Federal Reserve (Fed), will deliver the Semi-Annual Monetary Policy Report and testify before the US House Financial Services Committee on Tuesday. The hearing will start at 14:00 GMT and it will have the full attention of all financial market players. Jerome Powell is expected to address the main takeaways of the Fed's Semi-Annual Federal Reserve Monetary Policy Report, published last Friday. In that report, [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
CB Consumer Confidence (Jun)	24-Jun-25	7:00 PM	USD	High volatility		99.4	98
Fed Chair Powell Testifies	24-Jun-25	7:00 PM	USD	High volatility			

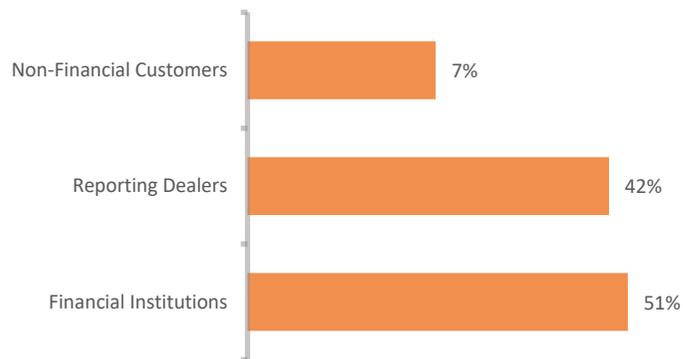
FOREX MARKETS' STATISTICS

Forex Market Hours

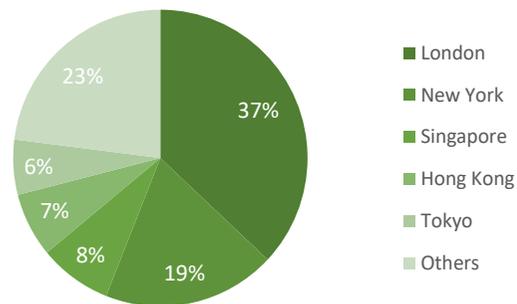


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

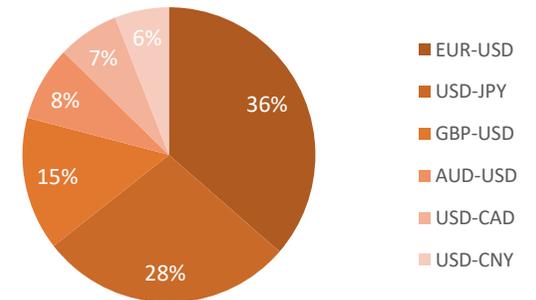
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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